

## Holiday Activities and Food Programme 2021



### Background

In November 2020, the Department of Education (DfE) announced funding into a national Holiday Activities and Food programme for children aged from 5 to 16 who are eligible for benefits related free school meals during the 2021 school holidays. Local programmes must include food, physical activities and enrichment activities. DfE recommends that the programmes run for four hours a day and four days a week providing opportunities for six weeks of participation in total during the Easter, summer and Christmas school holidays.

School holidays can be pressure points for some families because of increased costs (such as food and childcare) and reduced incomes. For some children that can lead to a holiday experience gap - with children from disadvantaged families less likely to access organised out-of-school activities; more likely to experience 'unhealthy holidays' in terms of nutrition and physical health; and more likely to experience social isolation. We know that returning to school in poor physical and mental condition can have a detrimental impact on children's mental and physical wellbeing, as well as their educational attainment.

The impact of covid-19 has meant more families are applying for free school meals and of course it has increased social isolation.

The aim of this fund is to make the positive benefits of holiday clubs available to all those aged from 5 to 16 on benefits related free school meals.

### Overview - Back to the Music

As lockdown eases and pupils return to the classroom, music will have a vital role to play. It has become clear that in this transition period, music will be a valuable tool when placed at the heart of schools.

The award winning Lincolnshire Music Service can provide bespoke fun, engaging and enriching activities which support the development of resilience, character and wellbeing along with pupils' wider educational attainment. 'Back to the Music' consists of physical music activities and games through percussion which can include Djembe Drumming, Samba, Taiko, Steel Pans or BeatsFIT. Pupils will:

- Develop new skills and knowledge
- Consolidate existing skills and knowledge
- Try new experiences
- Have fun!



Options	Overview	Number of Hours	Fully Inclusive Cost*
Option 1	2 hour 'one-off' music workshop	2 hours	£125
Option 2	1 hour music workshop over 4 days (1 week)	4 hours	£200
Option 3	2 hour music workshop over 4 days (1 week)	8 hours	£360

### Delivery Details

- Various options are available from a one-off 2 hour workshop to a full week of activities building further skill and progression. Further options available upon request.
- Each workshop is fully planned and delivered in accordance to our COVID safe delivery risk assessment: <https://www.lincsmusicservice.org/music-education-recovery-curriculum-guidance>
- Sessions will be delivered outside, wherever possible, and will incorporate physical activities and games.
- Workshops are delivered by highly skilled, experienced and DBS cleared LMS tutors
- Workshop costs are fully inclusive incorporating the cost of delivery, instrument access, materials and mileage.

### Booking

To find out more or book please contact [musicservice@lincolnshire.gov.uk](mailto:musicservice@lincolnshire.gov.uk) or your LMS Partnership Manager:

District	Partnership Manager	Contact
West Lindsey and North Kesteven	Dave Chambers	<a href="mailto:David.chambers@lincolnshire.gov.uk">David.chambers@lincolnshire.gov.uk</a> 07767 701654
Lincoln and North Kesteven	Malc Duckels	<a href="mailto:Malcolm.duckels@lincolnshire.gov.uk">Malcolm.duckels@lincolnshire.gov.uk</a> 07795 528783
South Kesteven	Chris Rogers	<a href="mailto:Chris.rogers@lincolnshire.gov.uk">Chris.rogers@lincolnshire.gov.uk</a> 07795 528784
Boston and South Holland	Andrew Hird	<a href="mailto:Andrew.hird@lincolnshire.gov.uk">Andrew.hird@lincolnshire.gov.uk</a> 07795 528785
East Lindsey	Andy Raine	<a href="mailto:Andrew.raine@lincolnshire.gov.uk">Andrew.raine@lincolnshire.gov.uk</a> 07464 494059